



► ReView

Zoe said she felt that God owed her something because she was such a great Christian. Do you feel that way sometimes? What, if anything, “cured” you of that misconception?

How do you feel about the idea that you have captured Jesus’ heart? Does it make you uncomfortable to think of your relationship with Jesus that way? Is it comforting? Is it difficult to believe?

Are there any areas of your life where you, like Trisha, need to “cease striving”? What are they?

► Bible Exploration

Song of Solomon 4:1-16: Which phrases in here sound particularly funny to your ears? Which phrases do you love or would want a man you loved to say to you?

Song of Solomon 5:1: What’s your reaction to God expressing this kind of delight at the sexual intimacy of Solomon and Shulamith? Is it difficult to think of God blessing sex in this way?

Genesis 5: Which two men break the pattern in this long list of family generations?

Hebrews 11:5-6: What does it mean that Enoch “was no more”?

What descriptions in Genesis and Hebrews explain what kind of man Enoch was?

Jude 14-15: What do we learn about Enoch here?

Luke 10:38-42: In what ways are you like Martha, busy spending your time in service to the Lord? In what ways are you like Mary, seeking to simply spend time being with the Lord?

John 11:17-32: Compare the interactions Mary and Martha have with Jesus. In what ways are they similar? In what ways are they different?

John 12:1-3: What was Martha doing during the dinner? What was Mary doing? Which of the two seemed to have a more intimate relationship with Jesus?



Which relationship is more reflective of your own relationship with Christ? Which kind of relationship would you like to pursue more with Christ?

Psalm 45 & Hebrews 1:8-9: From the book of Hebrews, who do we learn is the bridegroom in Psalm 45?

What phrases describe the bride's appearance on her wedding day?

What phrases describe her emotions on her wedding day?

What phrases give her instructions for her wedding day?

Psalm 45:11: How might you be standing in the way of God enjoying your beauty? What do you need to do differently to "let the King be enthralled" with you?

▶ Deeper Walk

Select at least one activity below to complete during the next week.

- **Music:** Find a recording of "Dance With Me" by Chris Dupre. Listen to it and sing it back to the Lord in a moment of private worship.
- **Memorization:** Choose some verses in Song of Solomon 4 that particularly speak to you about God's delight in you, His bride; memorize them and meditate on them.
- **Journal:** Remember Psalm 46:10, where Trisha was reminded to "cease striving" and focus on what she knows about God? Reflect in writing on your own efforts to strive to make yourself worthy in God's eyes and how you can rest in His delight in you as you are.
- **Read:** *Who I Am In Christ*, by Neil T. Anderson, to be reminded of who you are in God's eyes, despite what you see in yourself.
- **Pray:** Pray through one of the psalms we've looked at in previous weeks (Psalms 63 and 139 are good choices), using the Lord's own words to thank Him for the intimate love He desires for you and ask Him to create ever more love in your heart for Him.